

## **ABSTRACT**

The mental health of students is an area of increasing concern worldwide. The objective of this study is to examine the prevalence of depression, anxiety and stress among a group of students studying in Form Six (pre-university) in Serian District located at the South of Sarawak, Malaysia.

Depression, Anxiety and Stress Scale (DASS-21) is used in this study. Samples size has been identified as 175 students, and this study had 285 respondents which exceeds the requirement of samples size.

Depression, anxiety and stress levels of mild severity or above were found in 59.3percent, 82.11percent and 50.53percent of our respondents respectively.

Depression, anxiety and stress scores were higher among female students. Rural area had higher depression, anxiety and stress scores than the urban area. Dayak race students had higher score in stress and anxiety than non-Dayak.

The high prevalence of depression, anxiety and stress symptoms among the students is alarming. This shows the need for primary and secondary prevention measures, with the development of adequate and appropriate support services for this group.