



## **ANNOUNCEMENT TO ALL AIMST STUDENTS**

**3<sup>rd</sup> May 2021**

Further to the latest announcement by the Malaysian Government on 30 April 2021, please be informed on the enforcement of Movement Control Order (MCO) in five districts in Kedah effective from 1<sup>st</sup> May to 14<sup>th</sup> May 2021 to minimize movements and curb the spread of Covid-19.

In view of our commitment to a safe campus & safety of our students and in line to the recent SOP from Ministry of Higher Education please be informed the following operational guidelines.

### **Teaching & Learning:**

1. All the teaching and learning will be continued online as per the schedule.
2. Programmes which require essential practical / clinical training will continue the teaching in a hybrid manner (face to face & online for students in campus), with strict SOP compliance.
3. Students are encouraged to use MySejahtera / QR Code Application during registration to attend practical / clinical sessions.
4. Temperature scanning and screening for symptoms will be conducted before entry to the sessions and students with a body temperature  $> 37.5^{\circ}\text{C}$  or having symptoms of cough, flu, sore throat or shortness of breath will not be allowed to enter the session and be referred immediately to AIMST Clinic.

### **Student Movement:**

1. Students who are currently in campus should remain in campus.
2. Students in campus are advised to minimize movement around the campus and limit the travelling outside the campus for essentials, necessities & emergency reasons only; such movements are allowed only between 12:00 noon to 8:00 pm. Be cautious and always take good precautions during your travel. Kindly contact the wardens for further assistance.
3. Students travelling outside the campus for social & leisure purposes are restricted.
4. Students who are scheduled to return to campus through interstate / interdistrict travelling for hybrid teaching are advised to follow the "SOP for scheduled

returning of students to the campus and guidelines for isolation". However, should any other student require to travel for emergency purposes, shall contact the respective faculties and such request will be considered on case-by-case basis.

5. Movement of non-hostellers / off-campus postgraduate students into the campus on a daily basis for attending practical/clinical training/undergo research activities are permitted and need to obtain a letter of permission to enter and exit the campus from their respective Deans / Centre for Postgraduate studies.
6. Their movement inside the campus is restricted only to the workplace / site of training strictly adhering to SOP and are not allowed to utilize supporting facilities like library, sports complex etc., They are encouraged to leave the campus immediately after completion of their respective session.
7. Non-hostellers with any Covid-19 related symptoms, who have been in contact with a confirmed/suspected Covid-19 patient are advised to isolate at your current residence and consult the health authorities.
8. No interstate / interdistrict travels are permitted and kindly adhere to the latest MCO SOPs. However, should any student require to travel for emergency purposes, shall contact the respective programme coordinators.

#### **Student activities:**

1. All student activities including clubs, associations and co-curricular activities involving face to face and in groups are not allowed. Students are encouraged to carry out co-curricular programs / activities through online or appropriate digital platform.
2. All social, religious, economic, sports and group recreational activities are not allowed.

#### **Support Services:**

1. Cafeteria will be functioning as per the current SOP, however, dine-in will not be allowed. Students are encouraged to pack the food.
2. Outside food delivery services are allowed only from 6:00 am to 7:30 pm and the delivery point will be in front of Cafeteria building. However, students are advised to limit the outside food delivery services.
3. Library & AIMST Clinics will be functioning as per the current SOP.
4. The swimming pool will be operational with strict SOP and under supervision. Gymnasium will be functioning with strict SOP that includes individual workout only and restricted to 8 users per session extending to 45 minutes. All contact sports are to be avoided, however individual sports activities are allowed
5. Students are encouraged to use MySejahtera / QR Code Application and temperature screening while entering these facilities and strictly adhere to SOP.

### **Consuming Packed Food:**

1. No students shall be allowed to bring or consume food in the unauthorized areas including library complex and outdoor seating areas.
2. Leaving / throwing the food packs in the undesignated areas are also strictly prohibited.
3. Students are encouraged to consume their packed food in their hostel rooms.
4. Students shall use the seating in the multipurpose area in the ground floor of the cafeteria building to consume their packed food. However, seating is restricted to 3 students in each table and only for quick bite during mealtime not exceeding 20 minutes.
5. Students should adhere to strict social distancing during their presence in the area.
6. Students are not allowed to use the area for socializing.
7. The food packets/pouches should be disposed at the designated disposal area.

### **Students Counselling Unit:**

We also encourage students to use our students counselling service where students can set an appointment to talk to our counsellor about their concerns and problems. Students can also utilize virtual counseling services on appointment. Students are welcome to contact CASU.

#### **Counselling & Advisory Service Unit (C.A.S.U)**

1<sup>st</sup> Floor, Student Affairs Building  
AIMST University

#### **Contact Details:**

Ms. Lakshme: +604-429 8000 (Ext: 2215) / letcimei@aimst.edu.my

Mr. Yahya: +604-429 8000 (Ext: 2216) / yahya@aimst.edu.my

Our services are available from Monday to Friday, 8.30am – 4.30pm

### **Health Clinic:**

If you are unwell or have flu-like symptoms (cough, flu, sore throat or shortness of breath etc.) always wear face mask and please seek immediate medical consultation from AIMST Clinic.

## **Avoid the 3Cs and Practice the 3Ws**

Your health and wellbeing are our priority. Hence, it is important that everyone continues to be vigilant and are encouraged to avoid the 3Cs and practice the 3Ws:

- Avoid Crowded places, Confined spaces and Close conversations.
- Wear face mask – please ensure you wear a face mask properly when you are out in public areas
- Wash your hands with soap and water (20 seconds) or use hand sanitizers regularly. Do not touch your face (eyes/nose/mouth) if your hands are not cleaned or sanitized.
- Warn self and others for the following, in line with MOH's advisories:
  - Avoid shaking hands or touching others
  - Practice good coughing and sneezing etiquette - cover your cough or sneeze with a tissue and to immediately discard it in the bin and wash / sanitize your hands
  - Disinfect frequently touched surfaces
  - Stay at hostel and go out only for important matters
  - Seek treatment if symptomatic

Our team is committed and will continue working hard to protect the safety and wellbeing of our students as we navigate through this global health crisis together.

We would like to express our gratitude for your understanding, cooperation and support in aiding us to carry out the best measures possible to overcome this situation. We will keep you updated on any further developments pertaining to this disease. We will also review the precautionary measures from time to time.

Regards

**Assoc. Prof. Dr. Ramesh Kumaresan**  
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AIMST University